



USA Wrestling Presents the 2007 Silver Coaches College with the World Team Trials Las Vegas, NV June 6th-10th

The Silver Level Coaches College will feature instruction from World class technicians and experts in the sport of wrestling. This allows for outstanding growth & development for America's wrestling coaches, and the opportunity to watch wrestlers compete for the chance to wrestle in the 2007 World Championships to be held in Baku, Azerbaijan.

The cost of the 2007 Silver College is only \$250 and includes all sessions, coaches social, USA Wrestling polo shirt, and an all-session pass to the intense action of the World Team Trials. Coaches arrange their own travel, hotel accommodations and meals.

Rooms are available through the Riviera Hotel & Casino at a special rate. All rooms must be reserved on your own and held with a credit card. Call 800-634-6753. When booking your room(s), please refer to the code "USA Wrestling/World Team Trials." The hotel is located at 2901 Las Vegas Blvd. South.

All participants must be 2007 USAW coach members, and have completed the Bronze Certification course. All Silver College participants will receive credit towards Silver Certification, and a discount on DVDs to be sold at the World Team Trials. Contact Tony Black, Manager of Grassroots Development, for details at 719-598-8181 or at tblack@usawrestling.org

Wednesday, June 6: 3:00-6:00 PM registration at the Riviera, with a classroom session to follow. All classroom and technique sessions will be held at the Las Vegas Convention Center. Sessions will run from morning into the evening. Coaches should bring wrestling gear. A tentative schedule can be seen on the next page.

Coaches should fill out the information on the last page and return to USA Wrestling, Attn: Silver College, 6155 Lehman Dr., Colorado Springs, CO 80918. Information can also be faxed to 719-598-9440. Check, money order, VISA, or Mastercard only.

TEAM USA – ALL IN TO WIN

2007 USA Wrestling Silver Coaches College

Las Vegas, Nevada – June 6-10

Schedule

Wednesday, June 6

- 3:00-6:00 Check in at hotel
- 6:30 Introduction (classroom)
- 7:00-8:30 How to Run a Bronze Clinic (classroom)

Thursday, June 7

- 8:30-10:00 Wrestling Technique (on mat)
- 10:30-12:00 Wrestling Technique (on mat)
- 1:30-3:00 Wrestling Technique (on mat)
- 3:30-5:00 Wrestling Technique (on mat)
- 6:30-9:00 Nutrition Seminar (classroom)
- 10:00 Social

Friday, June 8

- 8:30-10:00 Wrestling Technique (on mat)
- 10:30-12:00 Tournament Operations (classroom)
- 1:30-3:00 Wrestling Technique (on mat)
- 3:00-4:30 Mental Toughness (classroom)
- 6:00-7:30 Wrestling Technique (on mat)
- 7:30-8:30 Weight Training (classroom)

Saturday, June 9

- Observation of the 2007 World Team Trials

Sunday, June 10

- Observation of the 2007 World Team Trials

**Reminder to coaches, you are strongly encouraged to bring wrestling gear so you can be on the mats.





2007 USA WRESTLING SILVER COACHES COLLEGE Las Vegas, NV – June 6th-10th

In conjunction with the 2007 U.S. World Team Trials in Las Vegas, Nevada, USA Wrestling is offering a Silver Level Coaches College to its member coaches. The Silver College is a requirement for coaches wanting to achieve Silver Certification. From Wednesday, June 6th through Sunday, June 10th, coaches from across the country will learn the latest innovations for coaching the sport of wrestling.

The Silver College will include on-the-mat instruction from U.S. World Team and National Team coaches. There will also be sessions focusing on mental skills, nutrition, tournament operations, and weight training.

In addition to the Silver College instruction, all participants will receive a ticket for all sessions of the 2007 U.S. World Team Trials. This is a great opportunity for fans and coaches alike the opportunity to see up close the best wrestlers in the United States compete for the right to wrestle in the 2007 World Championships.

All Silver College participants will receive credit towards Silver Certification, a free polo shirt, and a discount on DVDs to be sold at the World Team Trials. The cost of the Silver College is \$250. Coaches must register by **May 1st, 2007**.

Detailed information will be sent to the coaches following receipt of their application.

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(Please Print Clearly. Only check, money order, Visa or MasterCard can be accepted.)

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ USA Card #: _____

E-mail address: _____

Shirt Size (Adult) Circle One: S M L XL XXL XXXL

Visa or MasterCard Number: _____ - _____ - _____ (_____) _____

(Must include additional three numbers from the back of the card.)

Name on Card: _____ Expiration Date: _____

(Please include Credit Card Billing Address, if different from shipping address.)

Make checks payable to **USA Wrestling** for \$250.

Return to: USA Wrestling
Attn: Silver College
6155 Lehman Drive
Colorado Springs, CO 80918

Or fax to: 719.598.9440