



Sunday February 21, 2010

Windsor High School, 1100 Main Street, Windsor, CO

Registration Fee: \$20.00

Weigh-in Sites:

- Windsor High School Cafeteria, Saturday Feb. 20, 4-7 p.m.
- Pino's Gym in Ft. Lupton, CO, Saturday February 20, 4-7 p.m.
- Crowne Plaza Hotel, 1450 Glenarm Place, Denver, CO 80202 Saturday Feb. 20, 2-5p.m.

Wrestling begins at 8:30 a.m. Doors and Concessions open at 7:00 a.m.

Admission: Adults/Coaches: \$5.00 * Children: \$3.00 * Under 5 free

Admission may be purchased at weigh-ins

NCGO Information: www.windsormetrowrestling.com (970-576-4114)

Age & Weights: Birth date as of 1/1/10

6 & Under: 35, 40, 45, 50, 55, 60, 65, HWT

8 & Under: 45, 50, 55, 60, 65, 70, 75, 80, 89, 102, HWT

10 & Under: 55, 60, 65, 70, 75, 80, 85, 90, 100, 110, 120, 130, 145, HWT

12 & Under: 65, 71, 77, 83, 89, 95, 101, 107, 119, 125, 135, 145, 155, HWT

14 & Under: 89, 96, 103, 110, 117, 125, 135, 145, 155, 170, HWT

General Information: **NO SMOKING** on school grounds.

- Awards presented for 1st thru 4th Place.
- Birth certificate/proof of age required at weigh-ins
- Double bracketing permitted in separate age divisions only, No rest periods
- Bracketing is straight-line, double elimination, wrestle-backs for 2nd place only
- Blind-draw, every effort made to separate team members
- Wrestling periods: Age Groups: 6 & 8 :1-1-1 Age Groups: 10, 12 & 14 :1.5-1.5-1.5
- We reserve the right to combine age/weight brackets
- Abuse of any type will not be tolerated and will be dealt with accordingly
- No Refunds
- No High School wrestlers